



PRE-PROCEDURE INSTRUCTIONS

- 1. You are scheduled to have a procedure at UMC. Please arrive at the time your doctor instructed.
2. A waiting area is provided for your family. Please do not bring children with you.
3. Wear comfortable clothes. Please do not wear: jewelry of any kind, lotions, creams, powders or make-up.
4. Do not eat or drink anything for 8-12 hours before your procedure, or as directed by your doctor.
5. Do not smoke for 12-24 hours before surgery.
6. Take only those medications the doctor instructed you to take with a small sip of water.
7. Notify your doctor if you become ill before your procedure; i.e. sore throat, cold, fever, etc.
8. Notify your doctor of all herbal medications, vitamins and over the counter medications you are taking.
9. Notify the nurse if you are pregnant or think you may be pregnant.
10. Notify your doctor or the nurse of any religious or cultural beliefs that may interfere with your care.
11. You will be instructed to use a pain scale of 0-10 to describe your pain.
12. Pain Handout given: Yes / No
13. Educational or communication barriers: Yes / No
14. Fall Education handout given: Yes / No
15. Are you independent in your activities of daily living? Yes / No
16. You will need to have a responsible adult drive you home and stay with you for at least 24 hours after your procedure.
17. If you have any questions regarding your procedure, please call your doctor.

Note: Patients not pre-registered, must have numbers 11-15 completed on the day of the procedure.
Nota: Los pacientes que no se han pre-registrado deben completar números 11-15 el día del procedimiento médico.

Patient Signature: Time: Date:
Firma del paciente Hora Fecha
R.N. Signature: Time: Date:
Firma de la Enfermera Hora Fecha