

How to Schedule Your COVID-19 Vaccination

EFFECTIVE 5/19/21

COVID-19 vaccinations from UMC are available to all Nevadans 12 and older.

Please review the simple steps below to ensure you understand the process for scheduling your COVID-19 vaccination appointment.



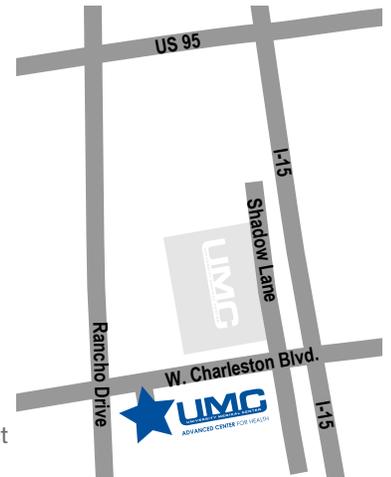
Schedule your appointment

Visit www.umcsn.com/COVIDvaccine or call 702-383-1800 to schedule your appointment. During the scheduling process, you will be asked to either create a UMConnect account or log in to your existing account.

Please try to schedule your appointment for the last day of your workweek. While any side effects are typically mild to moderate, it's best to be prepared and give yourself some additional time to rest.

The Pfizer vaccine is available to people 12 and older, requiring two doses administered 21 to 25 days apart. The Johnson & Johnson vaccine, which is available to people 18 and older, is administered in a single dose. If you receive the Pfizer vaccine, your second appointment will be automatically scheduled shortly after your first dose, and you can log in to UMConnect to see the date and time of your second appointment.

New Location Starting May 19
2231 W. Charleston Blvd.



Prepare for your appointment

The COVID-19 vaccine is administered as an injection in the upper arm, so please be sure to wear appropriate clothing. To help UMC promote social distancing, please do not bring family members, children or any other people with you to your appointment.



Arrive on time for your appointment

On May 19, 2021, the UMC COVID-19 Vaccination Center will move to the UMC Advanced Center for Health, located at 2231 W. Charleston Blvd. The Encore location will close on May 13, 2021. Please review the map included on this document for additional information about the new location at the UMC Advanced Center for Health.



Check in

Please check in at one of the registration tables and be prepared to provide the registration staff with your government-issued ID and insurance card. There is no out-of-pocket cost associated with the vaccine, but UMC may bill your insurance provider to cover administrative costs.



Get vaccinated and proceed to waiting area

A health care professional will administer the vaccine and provide you with a vaccination card. Please do not lose this card. After receiving the vaccine, you will proceed to a waiting area for 15 minutes as a precautionary measure to monitor for any reactions to the vaccine. While adverse reactions are rare, this 15-minute waiting period is required for everyone who receives the vaccine.

Monitor for side effects and register for V-safe

While any side effects are typically mild to moderate, they can be similar to COVID-19 symptoms in some cases. UMC's Infectious Disease experts recommend waiting 48 hours from the date of your vaccination for the symptoms to resolve before receiving a COVID-19 test. Please seek medical care for any severe symptoms.

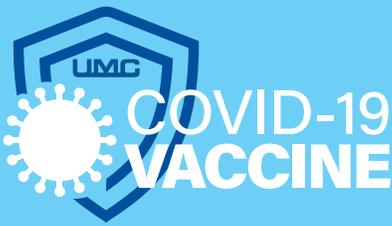
To help you monitor your health, a UMC team member will provide you with information about how to sign up for V-safe, a smartphone-based tool developed by the CDC that uses text messages and online surveys to provide you with personalized health check-ins after your COVID-19 vaccination.



Return for your second appointment (Pfizer)

If you received the Pfizer vaccine, a second dose is required. If you miss your second dose, you may not develop a sufficient level of antibodies. Please remember that your second dose will be automatically scheduled by UMC. Please log in to UMConnect at <http://umconnect.umcsn.com> or through the MyChart app to ensure you know the date and time of your second appointment. Please remember to bring the vaccination card provided to you during your initial appointment. As a reminder, the Johnson & Johnson vaccine is administered as a single dose, with no booster dose.

For assistance with scheduling issues, please call 702-383-1800.



Please review this detailed document to learn more about the COVID-19 vaccines. These vaccines have shown incredibly promising results in trials, with high efficacy rates and minimal adverse reactions. As we work together to end this unprecedented public health crisis, UMC urges community members to receive the vaccine as soon as it becomes available to them.



AM I ELIGIBLE TO RECEIVE THE VACCINE?

COVID-19 vaccinations from UMC are available to all Nevadans 12 years of age and older. The Pfizer vaccine is available for ages 12 and older, and the Johnson & Johnson vaccine is available for people 18 and older.



WHICH VACCINES ARE AVAILABLE FROM UMC? ARE THERE ANY DIFFERENCES BETWEEN THE VACCINES?

The UMC COVID-19 Vaccination Center administers vaccines from Pfizer and Johnson & Johnson, both of which have received Emergency Use Authorization from the FDA. Both vaccines offer impressive efficacy and minimal adverse reactions. It's important to note that the Pfizer vaccine is administered in two doses three weeks apart, while the Johnson & Johnson vaccine is administered in a single dose.



CAN I GET COVID-19 FROM THE VACCINE?

No, it is not possible to contract COVID-19 from the vaccines.



PFIZER VACCINE (AGES 12+)

HOW IS THE PFIZER VACCINE ADMINISTERED?

The Pfizer vaccine is administered as an injection in the upper arm in two doses scheduled 21 days apart.

HOW DOES THE PFIZER VACCINE WORK?

This is a messenger RNA, or mRNA, vaccine. This vaccine essentially serves as an instruction manual, telling our bodies to create a harmless piece of a protein that is similar to one found on the surface of the COVID-19 virus. The immune system recognizes that the protein doesn't belong there and begins building an immune response against it by making antibodies. At the end of the process, our bodies have learned how to protect against COVID-19.

WHAT HAPPENS IF I SKIP THE SECOND DOSE OF THE PFIZER VACCINE?

Those who skip the second dose of the Pfizer vaccine may not develop a sufficient level of antibodies.

WHAT IF I CONTRACT COVID-19 BETWEEN THE FIRST AND SECOND DOSES?

If you are diagnosed with COVID-19 between doses of the Pfizer vaccine, please complete your period of isolation and wait until all COVID-19 symptoms have completely resolved before receiving your second dose.



JOHNSON & JOHNSON VACCINE (AGES 18+)

HOW IS THE JOHNSON & JOHNSON VACCINE ADMINISTERED?

The Johnson & Johnson vaccine is administered in one dose as an injection in the upper arm.

HOW DOES THE JOHNSON & JOHNSON VACCINE WORK?

The Johnson & Johnson vaccine uses a harmless cold virus to carry the blueprint for our bodies to create a harmless piece of a protein that is similar to one found on the surface of the COVID-19 virus. The immune system recognizes that the protein doesn't belong there and begins building an immune response against it by making antibodies. At the end of the process, our bodies have learned how to protect against COVID-19.

SHOULD I RECEIVE THE JOHNSON & JOHNSON VACCINE IF I'M A WOMAN YOUNGER THAN 50?

While federal health agencies have lifted a pause in the use of the Johnson & Johnson COVID-19 vaccine after a thorough safety review and two meetings of the Advisory Committee on Immunization Practices, women younger than 50 years should be aware of the rare but increased risk of a severe type of blood clot following receipt of the Johnson & Johnson COVID-19 vaccine. Out of an abundance of caution, UMC encourages women younger than 50 to receive either the Pfizer or Moderna COVID-19 vaccines.



WHEN SHOULD I EXPECT TO HAVE SUFFICIENT IMMUNITY FOLLOWING VACCINATION?

If you received the Pfizer vaccine, you should have significant immunity two weeks after your second dose. Those who received the Johnson & Johnson vaccine should have significant immunity two weeks after the first and only dose of the vaccine.



CAN PEOPLE WHO ARE IMMUNOCOMPROMISED RECEIVE THE VACCINE?

At this point, there is insufficient evidence to recommend for or against the vaccine among immunocompromised people. However, it's important to note that if immunocompromised people contract COVID-19, they have an elevated risk of severe illness.



CAN WOMEN WHO ARE PREGNANT OR THOSE WHO ARE LACTATING RECEIVE THE VACCINE?

Women who were pregnant or lactating were excluded from the clinical trials for the COVID-19 vaccines. At this time, there is insufficient data to recommend for or against vaccination in this group.



I HAVE A HISTORY OF SEVERE ALLERGIES THAT ARE NOT RELATED TO VACCINES OR INJECTABLE THERAPIES. CAN I RECEIVE THE VACCINE?

Yes, the vaccines are available to people who have a history of allergic reactions that are NOT related to vaccines or injectable therapies (e.g., food, pet, venom, environmental, latex, oral medications), including severe allergic reactions. The CDC has not identified these types of allergic reactions as contraindications or precautions for the available vaccines. However, individuals who have had severe allergic reactions to something, regardless of cause, will be observed for 30 minutes after vaccination, rather than the standard 15-minute observation period.



CAN I GET VACCINATED IF I'VE HAD A SEVERE ALLERGIC REACTION TO THE COVID-19 VACCINE OR A COMPONENT OF THE VACCINE?

If you have experienced a severe allergic reaction (e.g. anaphylaxis) or an immediate severe reaction to a COVID-19 vaccine or any of its components, the CDC recommends against receiving a second shot of the same vaccine. If the reaction was to the Pfizer or Moderna mRNA vaccines, you should not receive another dose of either of these two vaccines. Please visit www.cdc.gov for additional details and consult with your health care provider if you have any questions about whether you should receive a second dose following an allergic reaction to a COVID-19 vaccine.

WHAT IF I'VE EXPERIENCED A SEVERE REACTION TO ANOTHER TYPE OF VACCINE OR INJECTABLE MEDICATION?

Additional COVID-19 vaccine precautions are required for people who have had severe allergic reactions (e.g. anaphylaxis) to a previous dose of any other type of vaccine or injectable medication. While these individuals may receive the COVID-19 vaccine, they should be aware of the unknown risks of developing a severe allergic reaction and balance these risks against the benefits of vaccination. These individuals will be observed for 30 minutes after vaccination.



IF I HAD COVID-19 IN THE PAST, SHOULD I BE VACCINATED?

Although infection with COVID-19 does provide some degree of natural immunity, this may not last very long. Those who have previously recovered from COVID-19 should receive the vaccine.

For those who have received passive antibody treatment for COVID-19, including convalescent plasma and monoclonal antibodies, such as Regeneron, the CDC recommends waiting at least 90 days after the treatment to receive the vaccine, as a precautionary measure until additional information becomes available, to avoid interference of the antibody treatment with vaccine-induced immune responses.



WHAT IF I RECENTLY RECEIVED A FLU VACCINE OR ANOTHER ROUTINE VACCINATION?

In most situations, the CDC recommends administering the COVID-19 vaccines 14 days before or after any other vaccines.